

# Information to help support patients with cancer

This sheet lists some useful internet resources that you might find of help when you have a cancer diagnosis.

CRUK [www.cancerresearchuk.org/health-professional/treatment-and-other-post-diagnosis-issues](http://www.cancerresearchuk.org/health-professional/treatment-and-other-post-diagnosis-issues)

This section of the CRUK website includes information about screening programmes, cancer and its treatment. It also includes clinical trials with information leaflets on a wide variety of relevant topics, practical advice, animations and videos explaining different tests and techniques.

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NHS [www.nhs.uk/conditions/cancer/](http://www.nhs.uk/conditions/cancer/)

A good source of reliable information for patients and carers, including what people can do to reduce their risk of cancer.

[www.nhsinform.scot/illnesses-and-conditions/cancer](http://www.nhsinform.scot/illnesses-and-conditions/cancer)

A good source of information for patients, public and health professionals in Scotland.

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Macmillan [www.macmillan.org.uk/cancer-information-and-support/stories-and-media](http://www.macmillan.org.uk/cancer-information-and-support/stories-and-media)

Cancer Support  
A full range of very useful leaflets and resources.

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## Debunking Myths

CRUK <https://news.cancerresearchuk.org/2022/01/04/lets-get-to-the-bottom-of-it-7-common-cancer-myths-unpicked/>

Provides up-to-date views on new developments and helps give an evidence based perspective on common myths and misconceptions about cancer

[www.cancerresearchuk.org/about-cancer/causes-of-cancer/cancer-myths](http://www.cancerresearchuk.org/about-cancer/causes-of-cancer/cancer-myths)

Information about common cancer controversies

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## Support for carers

The following resources may be useful:

[www.macmillan.org.uk/information-and-support/audience/looking-after-someone-with-cancer.html](http://www.macmillan.org.uk/information-and-support/audience/looking-after-someone-with-cancer.html)

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[www.carersuk.org/help-and-advice](http://www.carersuk.org/help-and-advice)

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[supporting-breathlessness.org.uk](http://supporting-breathlessness.org.uk)

May be useful for carers looking after someone with breathlessness

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