How to Contact Manchester Carers Centre

- 0161 27 27 27 0 Monday-Thursday, 10am-3pm
- admin@manchestercarers.org.uk
- twitter.com/mcrcarers
- facebook.com/manchester.carers.centre
- www.manchestercarers.org.uk
- Bridge 5 Mill, 22A Beswick St, Ancoats, Manchester, M4 7HR



Across the UK today 6.5 million of us are Carers



Registered in England as a Company Limited by Guarantee No. 3530606 Registered Charity No. 1075020







Do you provide unpaid/unwaged support to a family member or friend who could not manage without your help?







Are you a Carer?

Who are we?

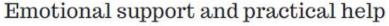
A carer is someone who provides unpaid/unwaged support to family, friend, or neighbour who could not manage without this help. This could be caring for someone who is ill, frail, disabled or has mental health or substance misuse problems.

Manchester Carers Centre is here to help all unpaid/unwaged Carers who live, or care for someone who lives in the City of Manchester. We offer a range of free information, advice and services to empower carers to self-advocate.

What do we offer?



CARERS TELEPHONE HELPLINE





SHORT BREAKS SERVICE

Social and Leisure Activities



FORTNIGHTLY COFFEE MORNING



Our Peer Drop-in gives you the chance to relax, meet other Carers and support one another

Young Adult Carers Project

Tailored support for Young Carers aged 16-25

Access to Information, Grants & Training

Manchester Carers Centre Emotional support & practical help with any Caring issue