

How to Contact Manchester Carers Centre



0161 27 27 27 0

Monday-Thursday, 10am-3pm



admin@manchestercarers.org.uk



twitter.com/mrcarers



facebook.com/manchester.carers.centre



www.manchestercarers.org.uk



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“Across the UK today 6.5 million of us are Carers”



Registered in England as a
Company Limited by Guarantee No. 3530606
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Manchester Carers Centre



Do you provide unpaid/unwaged support to a family member or friend who could not manage without your help?



Are you a Carer?

A carer is someone who provides unpaid/unwaged support to family, friend, or neighbour who could not manage without this help. This could be caring for someone who is ill, frail, disabled or has mental health or substance misuse problems.

Who are we?

Manchester Carers Centre is here to help all unpaid/unwaged Carers who live, or care for someone who lives in the City of Manchester. We offer a range of free information, advice and services to empower carers to self-advocate.

What do we offer?



Manchester
Carers Centre

Emotional support
& practical help
with any Caring
issue

CARERS TELEPHONE HELPLINE

Emotional support and practical help



SHORT BREAKS SERVICE

Social and Leisure Activities



FORTNIGHTLY COFFEE MORNING

Our Peer Drop-in gives you the chance to relax, meet other Carers and support one another



YOUNG ADULT CARERS PROJECT

Tailored support for Young Carers aged 16-25

ACCESS TO INFORMATION, GRANTS & TRAINING